

SANDBECK HOUSE - GROSVENOR HALL - EASTHOLME – FAIR HAVEN

SUMMER MENU WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B&B Toast Tea or Coffee
<u>Lunch</u> Soup of the day Or Fruit Juice Pork dish Or Fish Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Liver dish Or Pork Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Chicken Dish Or Quiche dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Lamb dish Or Pasta Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Fish Dish Or Free choice	<u>Lunch</u> Soup of the day Or Fruit Juice Pasties Dish Or Chicken Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Roast Meat Or Salad with meat/fish Seasonal Vegetables
<u>Sweet</u> Mixed Fruit Sponge & Custard or Ice Cream	<u>Sweet</u> Apple Crumble & Custard or Fresh Fruit	<u>Sweet</u> Creamed Rice Pudding Or Yoghurt	<u>Sweet</u> Cheese Cake Or Ice Cream	<u>Sweet</u> Baked Egg Custard Or Fresh Fruit	<u>Sweet</u> Bakewell Tart & Custard Or Yoghurt	<u>Sweet</u> Apple & Cherry Pie with Custard Or Ice Cream
<u>Supper</u> Spaghetti on Toast Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Scampi & Chips Or Assorted Sandwiches Gateaux Or Cheese & Biscuits	<u>Supper</u> Poached Egg on Toast Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Cauliflower Cheese Or Assorted Sandwiches Jelly & Ice Cream Or Cheese & Biscuits	<u>Supper</u> Jacket Potato with Cheese or Baked Beans Or Assorted Sandwiches Fruit & Ice Cream Or Cheese & Biscuits	<u>Supper</u> Bubble & Squeak Or Assorted Sandwiches Strawberry Mousse Or Cheese & Biscuits	<u>Supper</u> Beans on Toast Or Assorted Sandwiches Fruit Cake Or Cheese & Biscuits

SANDBECK HOUSE - GROSVENOR HALL - EASTHOLME – FAIR HAVEN

SUMMER MENU WEEK 2

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee
<u>Lunch</u> Soup of the day Or Fruit Juice Chicken dish Or Beef Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Pork dish Or Quiche Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Beef Dish Or Pie Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Pasta Dish Or Lamb Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Fish Dish Or Curry with Rice Chips or Croquet Potatoes, Peas & Sweetcorn	<u>Lunch</u> Soup of the day Or Fruit Juice Pie Dish Or Flan Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Roast Dinner or Salad with Meat/Fish Seasonal Vegetables
<u>Sweet</u> Rhubarb Crumble & Custard Or Ice Cream	<u>Sweet</u> Fresh Fruit Pavlova Or Ice Cream	<u>Sweet</u> Apple Pie & Custard Or Yoghurt	<u>Sweet</u> Syrup Sponge & Custard Or Fresh Fruit	<u>Sweet</u> Strawberry Mousse Or Fresh Fruit Salad	<u>Sweet</u> Semolina Pudding Or Yoghurt	<u>Sweet</u> Bakewell Tart & Custard Or Fresh Fruit
<u>Supper</u> Waffle & Fried Egg Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Chicken Nuggets & Chips Or Assorted Sandwiches Arctic Roll Or Cheese & Biscuits	<u>Supper</u> Hot Dogs Or Assorted Sandwiches Jelly & Ice Cream Or Cheese & Biscuits	<u>Supper</u> Cheese on Toast Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Savoury Flan & Beans Or Assorted Sandwiches Fruit & Ice Cream Or Cheese Biscuits	<u>Supper</u> Sausage Roll with sauté Potatoes Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Cheeseburger & Chips Or Assorted Sandwiches Trifle Or Cheese & Biscuits

SANDBECK HOUSE - GROSVENOR HALL - EASTHOLME – FAIR HAVEN

SUMMER MENU WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Beef Dish Or Fish Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Dutch Apple Pie & Custard Or Yoghurts</p> <p><u>Supper</u> Scrambled Egg on Toast Or Assorted Sandwiches</p> <p>Jelly & Ice Cream Or Cheese & Biscuits</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Pie Dish Or Free Choice</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Lemon Sponge & Custard Or Ice Cream</p> <p><u>Supper</u> Scampi & Chips Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Pork Dish Or Flan Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Banana Split Or Fresh Fruit</p> <p><u>Supper</u> Bacon & Tomatoes Or Assorted Sandwiches</p> <p>Fruit & Cream Or Cheese Biscuits</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Ham Dish Or Pie Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Ground Rice Pudding Or Yoghurts</p> <p><u>Supper</u> Beans On Toast Or Assorted Sandwiches</p> <p>Arctic Roll Or Cheese & Biscuits</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Fish Dish Or Free Choice</p> <p>Chips or Croquet Potatoes, Peas & Sweet corn</p> <p><u>Sweet</u> Fruit Flan & Cream Or Ice Cream</p> <p><u>Supper</u> Quiche & Salad Or Assorted Sandwiches</p> <p>Fruit & Ice Cream Or Cheese & Biscuits</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Liver Dish Or Chicken Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Bread & Butter Pudding Or Fresh Fruit</p> <p><u>Supper</u> Fishcake & Chips Or Assorted Sandwiches</p> <p>Gateaux Or Cheese & Biscuits</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee</p> <p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Roast Dinner Or Lamb Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Apple Pie & Ice Cream Or Yoghurt</p> <p><u>Supper</u> Crumpets Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>

SANDBECK HOUSE - GROSVENOR HALL - EASTHOLME – FAIR HAVEN

SUMMER MENU WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge Prunes B & B Toast Tea or Coffee
<u>Lunch</u> Soup of the day Or Fruit Juice	<u>Lunch</u> Soup of the day Or Fruit Juice	<u>Lunch</u> Soup of the day Or Fruit Juice	<u>Lunch</u> Soup of the day Or Fruit Juice	<u>Lunch</u> Soup of the day Or Fruit Juice	<u>Lunch</u> Soup of the day Or Fruit Juice	<u>Lunch</u> Soup of the day Or Fruit Juice
Chicken Dish Or Fish Dish	Beef Dish Or Meat Salad	Pasta dish Or Cold Meats	Lamb Dish Or Pastie Dish	Fish Dish Or Chicken Dish	Pork Dish Or Beef dish	Roast Dinner Or Free Choice
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Chips or Croquet Potatoes, Peas & Sweet corn	Seasonal Vegetables	Seasonal Vegetables
<u>Sweet</u> Jam Sponge & Custard Or Fresh Fruits	<u>Sweet</u> Fruit Crumble & Custard Or Ice Cream	<u>Sweet</u> Baked Rice Pudding Or Fresh Fruit	<u>Sweet</u> Profiteroles with Chocolate Sauce Or Yoghurt	<u>Sweet</u> Manchester Tart Or Ice Cream	<u>Sweet</u> Nelson Slice with Custard Or Yoghurt	<u>Sweet</u> Apple Sponge & Custard Or Yoghurt
<u>Supper</u> Fish Fingers & Chips Or Assorted Sandwiches	<u>Supper</u> Scrambled Egg Or Assorted Sandwiches	<u>Supper</u> Chicken Nuggets & Waffles Or Assorted Sandwiches	<u>Supper</u> Jacket Potatoes with Tuna or Cheese Or Assorted Sandwiches	<u>Supper</u> Beans on Toast Or Assorted Sandwiches	<u>Supper</u> Tea Cakes Or Assorted Sandwiches	<u>Supper</u> Cheese, & Egg Salad Or Assorted Sandwiches
Assorted Cakes Or Cheese & Biscuits	Jelly & Ice Cream Or Cheese & Biscuits	Assorted Cakes Or Cheese & Biscuits	Fruit & Ice Cream Or Cheese & Biscuits	Assorted Cakes Or Cheese & Biscuits	Artic Roll Or Cheese & Biscuits	Assorted Cakes Or Cheese & Biscuits