

SANDBECK HOUSE – GROSVENOR HALL – EASTHOLME – FAIR HAVEN

WINTER MENU WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B&B Toast Tea or Coffee</p>
<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Casserole Dish Or Pasta Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Rhubarb Crumble & Custard or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Chicken Dish Or Flan Dish</p> <p>Seasonal of Vegetables</p> <p><u>Sweet</u> Jam Sponge & Custard or Fresh Fruit</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Lamb Dish Or Cornish Pasties</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Creamed Rice Pudding Or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Ham Dish Or Liver Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Strawberry Cheesecake Or Yoghurt</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Fish dish Or Free Choice</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Bread & Butter Pudding & Custard Or Fresh Fruit</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Meat Pie Or Pork Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Manchester Tart & Custard Or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Roast Dish Or Fish Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Apple & Cherry Pie with Custard Or Yoghurt</p>
<p><u>Supper</u> Beans or Cheese on Toast Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Fish Cake & Chips Or Assorted Sandwiches</p> <p>Jelly & Ice Cream Or Cheese & Biscuits</p>	<p><u>Supper</u> Spaghetti on Toast Or Assorted Sandwiches</p> <p>Gateaux Or Cheese & Biscuits</p>	<p><u>Supper</u> Waffles with Poached Egg & Tomato Or Assorted Sandwiches</p> <p>Pears & Ice Cream Or Cheese & Biscuits</p>	<p><u>Supper</u> Macaroni or Cauliflower Cheese Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Jacket Potato With Cheese or Tuna Or Assorted Sandwiches</p> <p>Strawberry Mousse Or Cheese & Biscuits</p>	<p><u>Supper</u> Bubble & Squeak Or Assorted Sandwiches</p> <p>Trifle Or Cheese & Biscuits</p>

SANDBECK HOUSE - GROSVENOR HALL - EASTHOLME – FAIR HAVEN

WINTER MENU WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>
<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Chicken Dish Or Mince Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Fruit Sponge & Custard Or Fresh Fruit</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Free Choice Or Quiche</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Gooseberry Crumble & Custard Or Yoghurt</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Pasta Dish Or Pork Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Apple Pie & Custard Or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Beef Dish Or Free Choice</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Syrup Sponge & Custard Or Yoghurt</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Fish Dish Or Curry & Rice</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Strawberry Mousse Or Fresh Fruit Salad</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Chicken Dish Or Beef Dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Semolina Pudding Or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice</p> <p>Roast Dinner or Pie dish</p> <p>Seasonal Vegetables</p> <p><u>Sweet</u> Bakewell Tart & Custard Or Fresh Fruit</p>
<p><u>Supper</u> Poached Egg on Toast Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Chicken Nuggets & Chips Or Assorted Sandwiches</p> <p>Arctic Roll Or Cheese & Biscuits</p>	<p><u>Supper</u> Hot Dogs Or Assorted Sandwiches</p> <p>Jelly & Ice Cream Or Cheese & Biscuits</p>	<p><u>Supper</u> Cheese on Toast Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Savoury Flan & Beans Or Assorted Sandwiches</p> <p>Fruit & Ice Cream Or Cheese Biscuits</p>	<p><u>Supper</u> Jacket Potato with Cheese or Beans Or Assorted Sandwiches</p> <p>Fruit Cake Or Cheese & Biscuits</p>	<p><u>Supper</u> Soup with Bread Or Assorted Sandwiches</p> <p>Assorted Cakes Or Cheese & Biscuits</p>

SANDBECK HOUSE - GROSVENOR HALL – EASTHOLME – FAIR HAVEN

WINTER MENU WEEK 3

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee	<u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee
<u>Lunch</u> Soup of the day Or Fruit Juice Casserole dish Or Fish Pie Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Pie Dish Or Pasta/Rice Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Beef Dish Or Lamb Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Free Choice Or Pork Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Fish Dish Or Meat Salad Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Chicken dish Or Pasties Dish Seasonal Vegetables	<u>Lunch</u> Soup of the day Or Fruit Juice Roast Dinner Or Free Choice Seasonal Vegetables
<u>Sweet</u> Dutch Apple Pie & Custard Or Yoghurt	<u>Sweet</u> Lemon Sponge & Custard Or Ice Cream	<u>Sweet</u> Rhubarb Crumble & Custard Or Fresh Fruit	<u>Sweet</u> Profritteroles with Chocolate sauce Or Fruit Salad	<u>Sweet</u> Baked Egg Custard Or Yoghurt	<u>Sweet</u> Jam Sponge & Custard Or Ice Cream	<u>Sweet</u> Apple Pie & Ice Cream Or Fresh Fruit Salad
<u>Supper</u> Scrambled Egg on Toast Or Assorted Sandwiches Jelly & Cream Or Cheese & Biscuits	<u>Supper</u> Scampi & Chips Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Beans on Toast Or Assorted Sandwiches Fruit & Ice Cream Or Cheese Biscuits	<u>Supper</u> Bubble & Squeak Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits	<u>Supper</u> Sausages or Beef Burgers & Chips Or Assorted Sandwiches Strawberry Mousse Or Cheese & Biscuits	<u>Supper</u> Spaghetti on Toast Or Assorted Sandwiches Mandarin Cheesecake Or Cheese & Biscuits	<u>Supper</u> Crumpets Or Assorted Sandwiches Gateaux Or Cheese & Biscuits

SANDBECK HOUSE - GROSVENOR HALL – EASTHOLME – FAIR HAVEN

WINTER MENU WEEK 4

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>	<p><u>Breakfast</u> Fruit Juice Assorted Cereals English Breakfast Porridge, Prunes B & B Toast Tea or Coffee</p>
<p><u>Lunch</u> Soup of the day Or Fruit Juice Chicken Dish Or Fish Dish Seasonal Vegetables <u>Sweet</u> Chocolate Sponge & Chocolate Sauce Or Yoghurt</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice Mince Dish Or Pasta / rice dish Seasonal Vegetables <u>Sweet</u> Fruit Crumble & Custard Or Fresh Fruit</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice Pie Dish Or Free choice Seasonal Vegetables <u>Sweet</u> Ground Rice Pudding Or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice Casserole Dish Or Pasties Seasonal Vegetables <u>Sweet</u> Strawberry Mousse Or Yoghurt</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice Fish Dish Or Pork dish Seasonal Vegetables <u>Sweet</u> Manchester Tart Or Ice Cream</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice Beef dish Or Quiche Seasonal Vegetables <u>Sweet</u> Nelson Slice & Custard Or Yoghurt</p>	<p><u>Lunch</u> Soup of the day Or Fruit Juice Roast Dinner Or Flan dish Seasonal Vegetables <u>Sweet</u> Apple Sponge & Custard Or Ice Cream</p>
<p><u>Supper</u> Fish Fingers & Chips Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Chicken Nuggets & Beans Or Assorted Sandwiches Jelly & Ice Cream Or Cheese & Biscuits</p>	<p><u>Supper</u> Ravioli On Toast or Kippers with B & B Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Jacket Potato with Cheese or Beans Or Assorted Sandwiches Fruit & Ice Cream Or Cheese & Biscuits</p>	<p><u>Supper</u> Spaghetti on Toast Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits</p>	<p><u>Supper</u> Scampi & Chips Or Assorted Sandwiches Trifle Or Cheese & Biscuits</p>	<p><u>Supper</u> Toasted Tea Cakes Or Assorted Sandwiches Assorted Cakes Or Cheese & Biscuits</p>